



KORU
CARRIER



Koru
Ring
Sling

—
Instruction manual

Congratulations on your new **Koru Carrier** **Ring Sling**

Like the unfurling baby frond of a Silver Fern, the Koru represents new life, new beginnings and new growth.

The Koru Carrier was designed in celebration of this new journey you are embarking on with your new addition.

Babies have been held close by their mothers and caretakers since the beginning of humanity.

Honoring this tradition, we at Koru Carrier are delighted to help support you and your baby in luxurious comfort.



Safety First

Be sure to read all instructions and weight limitations before using this carrier.

Keep instructions on hand for future reference.

Always follow all steps for proper positioning

(See Images for Optimal Positioning, Page 7 and 8)

For low birthweight babies or babies and children with medical conditions, consult a health care professional prior to using this product.

- Check for torn fabric, ripped seams, or damaged hardware prior to using.
- Never use a baby carrier when mobility or balance is impaired. For example do not use if wearer is experiencing mobility issues or disorientation due to medical conditions, exercise, drowsiness, slippery terrain, or if under the influence of medication that may impact mobility.
- Do not babywear while cooking or working around a heat source.
- Do not babywear while driving or as a passenger in a motor vehicle.
- Do not babywear while cleaning or performing other tasks related to the exposure of strong chemicals.
- Do not babywear while participating in sporting activities.
- Do not leave slings directly in the sun as the rings can become hot. Feel the rings yourself before using product with baby.
- Do not leave baby in a sling carrier that is not being worn by a caregiver.
- If nursing in your carrier, always return baby to proper wearing position after feeding.

Due to the nature of the woven fabric, small knots, notches, or beauty marks may occur. Rest assured this is normal and does not impact the function or safety of the product.

The Anatomy of a Ring Sling

Two Aluminum Rings along one end help to adjust for a perfect fit

Top Rail

Tail: The end of the ring sling opposite the rings

Rails:
The long sides of the sling

Bottom Rail

FEATURES

One Size fits most body types
Perfect for babies 8-35lbs (3.5-15kg)

Allows for correct ergonomic positioning for baby and multiple carry positions.

Easy in, easy out

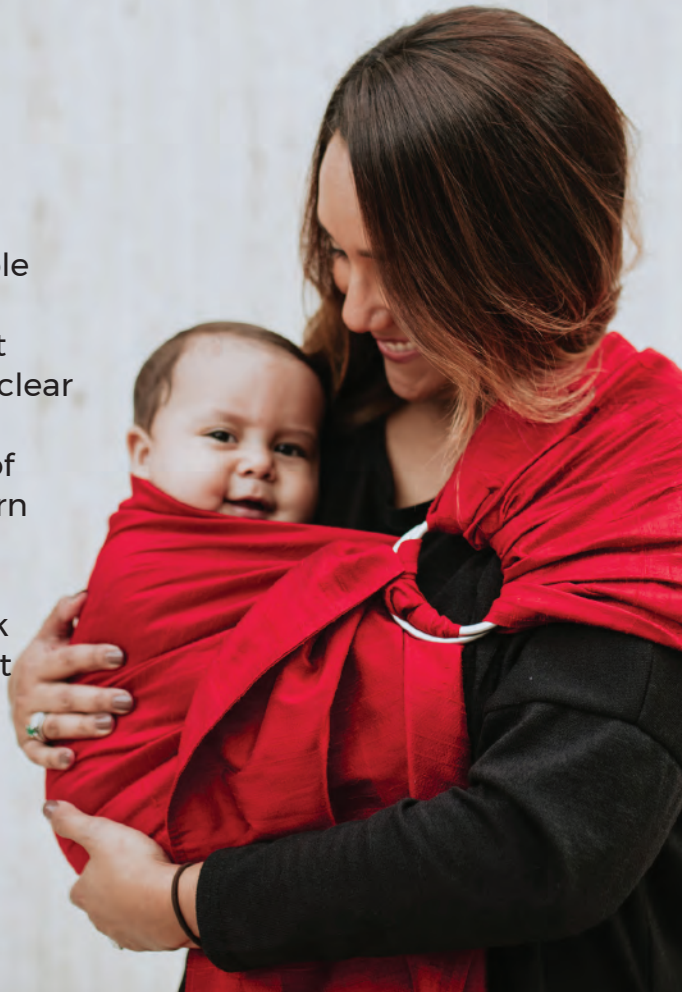
Optimal Positioning

Baby's face visible

Chin off of chest
keeping airway clear

Fabric at nape of
neck for newborn

Sling is snug
supporting back
but not too tight



Fabric is knee to knee

Baby's head is close
enough to kiss

Rings in corsage
position

Squat position
with knees higher
than bottom

Fabric makes a
deep seat between
you and your baby

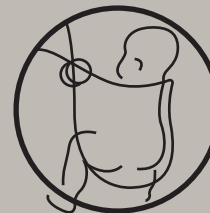


NO!



- Baby is too low
- Baby's face is covered
- Carrier is loose and dangling
- Baby is laying horizontally
- Baby's airway is restricted; chin is on chest

YES!



- Baby's head is visible and close enough to kiss
- Baby is upright chest to chest
- Baby's airway is clear
- Baby is secured tightly

Putting On Your Ring Sling

Now that your ring sling is threaded, it's time to put on your ring sling.



This step happens before baby is placed inside the carrier.

Step 1.

Decide which shoulder you would like the rings on. With that hand, hold the threaded ring sling by the rings out in front of you with the tail falling to that side.



Step 3.

The tail should be falling down in the front. The fabric should be spread evenly across your back and should be smooth with no twists.



Step 2.

Swing your opposite arm and your head through the sling. The sling is now across your body like a sash. The bottom rail of the pocket seat you have made should come down to or just above your belly button. The rings should be at corsage position (or slightly higher as they may maneuver down naturally as you position baby).



Step 4.

Adjust the bottom rail so that it is somewhat snug against your body. Bottom rail can be tightened by pulling the bottom rail of the tail down vertically. (See Image on Page 13 and 14 for how to adjust.) Adjust the fabric to make a pocket for your baby.

**Nice work!
It is time to
choose your
carry position**

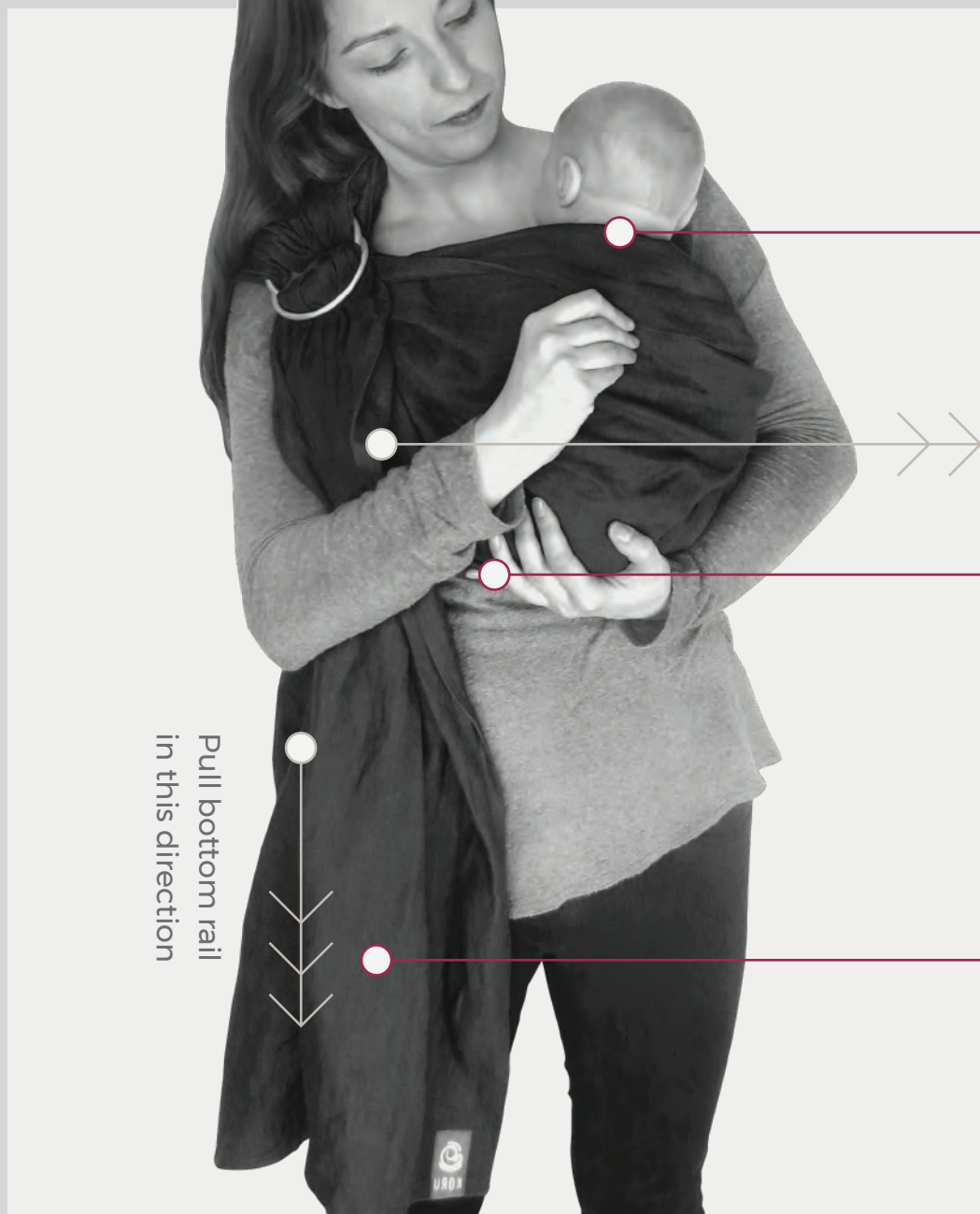
How to Tighten your Ring Sling

Tips:

- Tighten the rails one at a time
- Lift baby up with your hands to release some tension and make tightening easier

Keep in mind:

A brand new ring sling is more difficult to tighten than one that has been worn and loved. Your sling will adjust much easier once it has been worn, washed, and broken in.



Adjusting the Top Rail: Simple pull the corresponding rail of the tail horizontally across baby's back parallel to the ground

Pull top rail in this direction

Adjusting the Bottom Rail: To tighten the bottom rail, pull the corresponding rail of the tail vertically downward

Need to tighten the center along baby's back? Find the Middle or the tail between the two rails and pull outwards from your body along the diagonal

Threading Your Ring Sling

Do this first, before positioning baby in the carrier



Step 1.

Hold the sling out in front of you much like a blanket about to be folded. Hold the rings in one hand. Hold the tail in the opposite hand by one rail or edge. Be sure the fabric is flat in front of you and not twisted.



Step 3.

Pull the pleated tail through both rings.



Step 2.

Using the hand that's holding the tail, gather and pleat the tail like an accordion.



Step 4.

Pass the gathered tail back over the top ring and under the bottom ring



Step 5.

Find the area of fabric in-between both rings. Fan this fabric out to make sure it is spread out and not twisted. Make sure each end (or rail) is fanned out and not twisted or bunched. This will help the fabric glide easily between the rings for adjusting.



Step 6.

Tug the tail a little bit if the fabric is very bunched up from the last step.

You now have a threaded ring sling!

Tummy to Tummy

A popular carry position best for newborns with very little head control



Step 1.

Start with your sling already threaded and across your body as described in previous sections “Threading your Ring Sling” and “Putting on your Ring Sling.”



Step 2.

Place baby over your shoulder in a high burping position on the side opposite of the rings



Step 3.

While continuing to hold baby, lower the baby into the sling into one of the positions below:

For older babies “Legs Out” position:

Keeping your hand on baby’s bottom, guide baby’s feet through the sling between your body and the fabric and out the bottom until the bottom rail is at baby’s knees. Hold baby so she is sitting on the entire bunched up material and lower her into a seated squat position. She should be pushed vertically against your belly “Tummy to Tummy.” The fabric should form a seat for your baby. Tuck fabric under baby’s bottom between you and the baby to ensure a deep and secure seat. As you make a seat for your baby keep in mind that you want to position baby’s knees higher than her bottom. (Refer to *Optimal Babywearing Image* on Page 8)



For a newborn “Legs In” Position:

Follow steps above, but rather than guiding feet past the bottom rail, first arrange baby’s legs in the “froggy” position facing you. This will have your baby’s legs inside the carrier. For image examples of “Legs In” and “Legs Out” See *Optimal Positioning Image* on Page 7



Step 4.

Still holding baby, pull the top rail up to approximately the top of baby's head. Do not cover the head, instead fold the top fabric down behind baby's neck (infant) or back (toddler, if arms out).



Step 5.

While still holding baby: tighten both rails (Refer to "How to Tighten your Ring Sling" on Page 13 and 14) to secure your baby in a comfortable and close position.

Check that you are meeting all Optimal Positioning guidelines (Page 7 and 8)

Hip Carry Position

Best for Babies with Excellent head control. This position has your baby positioned much like you would hold them high on your hip.

Follow instructions for "Tummy to Tummy," however rather than baby's legs straddling your stomach, position baby with her legs spread around your hip.

Removing Baby from Ring Sling



Step 1.

While fully supporting baby's weight with one hand, loosen the sling by pulling up on the top ring. You can pull some fabric through to create extra slack.

Option A:

Remove Baby from the Top

With both hands, lift baby straight up onto your shoulders back into the in the burb position. Pull fabric down so baby is fully out of the sling.



Option A: Step 1.



Option A: Step 2.



Option A: Step 3.



Option A: Step 4.

Option B:

Remove Baby from the Bottom

While fully supporting baby's weight, slide one hand between baby's bottom and sling. Supporting baby's weight in full with hand on baby, lift loosened ring sling up and over both of your heads.



Option B: **Step 1.**



Option B: **Step 2.**



Option B: **Step 3.**



Option B: **Step 4.**

Removing the Ring Sling



Step 1.

Step 2.

Step 3.



Washing and Caring for your Carrier:

Washing:

Spot cleaning with cold water and a cold, damp cloth is recommended for trouble spots. Like a new pair of denim, color and dyes can be lost over time. We recommend thorough cleaning only when necessary to preserve color intensity.

For thorough cleaning, hand wash carrier alone with tepid water or dry clean. Hang dry in shade. Steam iron if needed on low heat. Use only mild detergents on your carrier and be sure to avoid bleach or detergents with optical brighteners.

Store in a dry place when not in use and away from direct sunlight.

Tips, Tricks, and Other Helpful Hints:

Practice practice practice!

Babywearing is something that takes practice to get perfect. If the first time isn't perfect, don't give up! Take baby out and try again. Sleep on it, try again the next day. **You will be fluid in no time!**

Move around: The best way to get baby comfortable and feeling secure in her carrier is by moving around. Take a walk, sway back and forth, fold laundry – baby will feel more secure with time and movement.

It's all about comfort:

Both you and your baby should be comfortable. If something doesn't feel right, go ahead and adjust and try again.

WARNING

Failure to follow the manufacturer's instructions can result in death or serious injury. Only use this carrier with children weighing between 8 and 35 pounds.

SUFFOCATION HAZARD

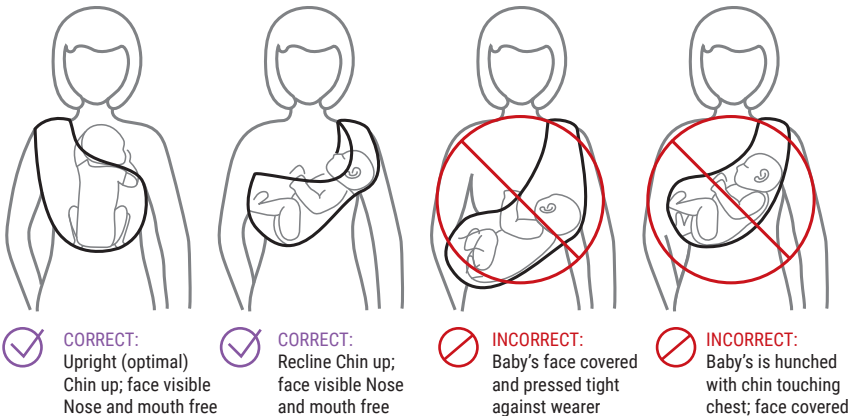
- Babies younger than 4 months can suffocate in this product if face is pressed tightly against your body. Babies at greatest risk of suffocation include those born premature and those with respiratory problems.
- Check often to make sure the baby's face is uncovered, clearly visible, and away from the caregiver's body at all times.

- Make sure the baby does not curl into a position with the chin resting on or near the baby's chest. This position can interfere with breathing, even when nothing is covering nose or mouth.

- If you nurse your baby in carrier, always reposition after feeding so baby's face is not pressed against your body.
- Never use this carrier with babies smaller than 8 pounds without seeking the advice of a health care professional.

FALL HAZARD

- Leaning, bending over, or tripping can cause baby to fall. Keep one hand on baby while moving.



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